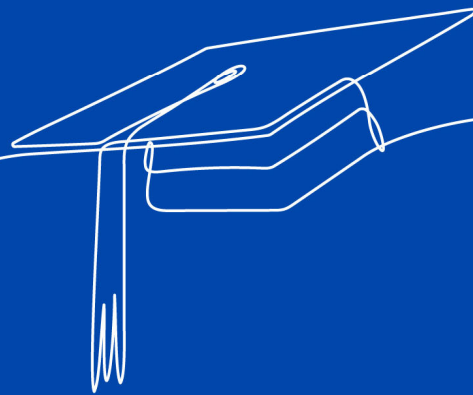




ACHIEVING MORE TOGETHER

Personal Development curriculum overview



Personal Development at Sandymoor Ormiston Academy

Key stages 3 and 4 core Citizenship & PSHE, Years 7, 8, 9, 10 and 11

Our Personal Development curriculum supports students in becoming informed, responsible, and active members of society. We want students to develop the knowledge, skills, and confidence needed to navigate modern life, build positive relationships, manage risks, and participate effectively in their communities.

The curriculum encompasses Relationships and Sex Education, Health Education and Citizenship Education, including financial and economic education.

We aim to develop students' critical thinking, communication, decision-making and problem-solving skills through discussion, enquiry and real-world case studies. Students learn to evaluate information, consider different viewpoints, understand the impact of their choices, and recognise the rights and responsibilities that come with living in a diverse democratic society.

By the end of Year 11, our intent is for students to be equipped with the knowledge and skills to make informed decisions, contribute positively to their communities, understand the world around them, and feel prepared for the opportunities and challenges of later life.

Year 7

Year 7 provides the foundation for Personal Development. Pupils are introduced to key knowledge, concepts and vocabulary that underpin later learning, while developing the skills needed to discuss issues respectfully, consider different perspectives and make informed decisions.

Through a range of age-appropriate topics including relationships, safety and life in modern Britain, pupils begin to explore their place within their immediate communities and wider society. The curriculum focuses on building confidence, resilience and critical thinking, creating a strong platform for the more complex content encountered in later years.

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Looks and Labels Relationships and Respect	Individuality and Inclusion	Bodies and Behaviours	Bodies and Behaviours (cont.)	Hazards and Harms	Parliament and Politics

Assessments will take place in June and we will share revision information a few weeks before each assessment.

Year 8

Year 8 builds upon the foundations established in Year 7 by introducing pupils to more complex personal and social issues. Pupils deepen their understanding of health, crime and the online world, while developing the confidence to analyse situations, evaluate choices and consider the consequences of different actions.

The curriculum encourages pupils to apply their knowledge to realistic scenarios and contemporary issues, enhancing their ability to think critically, show empathy and make responsible decisions. These experiences prepare pupils for the increased challenge and independence of learning in Year 9 and beyond.

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Health and Help	Crime and Conduct	Mind and Mood	Drinks and Decisions	Screens and Sources	Screens and Sources Consent and Connection

Assessments will take place in June and we will share revision information a few weeks before each assessment.

Year 9

Year 9 consolidates and extends the knowledge, skills and understanding developed earlier in Key Stage 3. Pupils engage with more complex and mature issues relating to relationships, finance, and politics, while further developing their ability to analyse information, consider different perspectives and justify their views.

The curriculum places greater emphasis on applying knowledge to real-world situations and evaluating the impact of individual and societal decisions. These experiences help pupils become more informed, independent and reflective learners, preparing them for the challenges and opportunities of Key Stage 4.

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Spending and Saving	Laws and Limits	Drugs and Dilemmas	Condoms and Communication	Condoms and Communication (cont.)	Power and People

Assessments will take place in June and we will share revision information a few weeks before each assessment.

Year 10 core

Year 10 marks a transition in pupils' lives, which is reflected in the design of the Personal Development curriculum. As pupils move closer to adulthood, the curriculum places greater emphasis on independence, responsibility and engagement with contemporary issues. Pupils explore how individuals, communities and institutions respond to the opportunities and challenges of modern life.

The curriculum encourages pupils to think critically about the world around them and recognise the responsibilities and opportunities that come with increasing independence. Through discussion, reflection and real-world application, pupils strengthen the knowledge and skills needed to navigate life beyond school and contribute positively to society.

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Rights and Responsibilities	Checks and Choices	Attitudes and Actions	Protection and Pregnancy	Protection and Pregnancy (cont.)	Borders and Beyond

Year 11 core

Year 11 represents the culmination of pupils' learning in Personal Development before they move on to their next stage of education, employment or training. The curriculum encourages pupils to draw together knowledge and skills developed throughout previous years, applying them to the opportunities, responsibilities and decisions they are likely to encounter beyond compulsory education.

Pupils engage with a range of topics that support their preparation for adult life, including mental health and wellbeing, financial independence and democratic participation. Through discussion, reflection and practical application, pupils leave Year 11 better equipped to make informed decisions, navigate change confidently and participate positively in society.

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Stress and Success Wealth and Wages	Wealth and Wages (cont.)	Votes and Voices	Bonds and Boundaries	<i>Exams</i>	<i>Exams</i>