

The Year 9 Life Skills Learning Journey at Sandymoor Ormiston Academy

Your health and wellbeing, the importance of healthy and safe relationships, careers and financial education, keeping safe and issues you face living in the wider world.



Year 10

Cultural Capital in Year 9 Life Skills!

During Year 9 we will be working with a variety of external speakers, taking part in local community based projects, and visiting appropriate local sites which support our learning!

Life Skills Assessment Activities - How do we assess your progress in Life Skills?

You will not undertake formal assessments in Life Skills, Instead we assess using a variety of tasks, examples of which include:

Oracy and discussion of student understanding, peer led presentations, quizzes, "Everything we know sheets", role-play, self-reflection, display work, written assignments, Circle Time, completing the "My Life Skills CV activities"

What are the ethical issues facing the 21st century world?

Relationship and Sex Education

- What ethical challenges does Science bring us?
- What are the ethical debates that 21st century technology brings us?
- How does religion respond to ethical issues in the 21st century?
- What might the ethical issues of the future be?
- How can I create my own moral compass?

Learning Endpoint

Reflecting on the issues and topics we have investigated this half term, using one of our Life Skills Assessment activities.

Learning Checkpoint

Reflecting on the issues and topics we have investigated this half term using one of our Life Skills Assessment activities.

What are the ethical issues facing the 21st century world? Relationship and Sex Education

- What are ethics, and what are ethical issues?
- What are the ethical issues of abortion in the 21st century?
- How can I access appropriate support to deal with sexting and pornography?
- How can we spot the signs of Extremism and Radicalization?
- How can we manage change, grief and bereavement?

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Learning Checkpoint

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Why must we challenge prejudice and discrimination at Sandymoor? British Values

- What are human rights? (The United Nations Convention of the Rights of the Child)
- What are rights and responsibilities under the Equality Act 2010?
- What is racism and white privilege?
- Why must we tackle disability discrimination?
- How can we ensure equality for people with an LGBTQ+ lifestyle?

What are my potential career ambitions? Careers Education

- How does the Year 9 Options Programme at Sandymoor OA work?
- Why is the GCSE options process a key milestone in my life?
- How should I prepare for the GCSE Options process?
- The importance of subject over teacher!
- What future options might I have, and what are the potential career paths at 14, 16, 18 and 21?

Learning Endpoint

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Learning Checkpoint

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How can I keep mentally healthy as I move into young adulthood? Health Education

- What is emotional and mental health?
- How do I recognise depressions, anxiety and stress?
- How can I manage anger and aggression?
- How can new challenges affect my mental health?
- What are the signs of unhealthy coping strategies (including eating disorders and self-harm)

How can I avoid the risks of alcohol and drugs as I move into young adulthood? Health Education

- What are the attitudes of society towards alcohol and drugs?
- What is the law regarding alcohol and drugs?
- What are the effects of alcohol, and drugs such as cannabis?
- What support is there for substance abuse in Halton?
- How can I manage the influences I will face in my local area?



Discussion of key issues that might be worrying you during the Summer Holidays!