

The Year 8 Life Skills Learning Journey at Sandymoor Ormiston Academy

Your health and wellbeing, the importance of healthy and safe relationships, careers and financial education, keeping safe and issues you face living in the wider world.



Year 9

Cultural Capital in Year 8 Life Skills!

During Year 8 we will be working with a variety of external speakers, taking part in local community based projects, and visiting appropriate local sites which support our learning!

Life Skills Assessment Activities - How do we assess your progress in Life Skills?

You will not undertake formal assessments in Life Skills, Instead we assess using a variety of tasks, examples of which include:

Oracy and discussion of student understanding, peer led presentations, quizzes, "Everything we know sheets", role-play, self-reflection, display work, written assignments, Circle Time, completing the "My Life Skills CV activities"

Learning Checkpoint

Reflecting on the issues and topics we have investigated this half term using one of our Life Skills Assessment activities.

What are British Values, and why are these so important? *British Values*

- How does the law protect young people?
- What is democracy?
- What is a multicultural society, and why is this important?
- What does it mean to be British in the 21st century?
- Why is homelessness an issue in Britain in the 21st century, and how can we challenge this?
- What are the challenges faced by young carers in Britain today?

Learning Endpoint

Reflecting on the issues and topics we have investigated this half term, using one of our Life Skills Assessment activities.

What are the challenges of independent living in Sandymoor? *Staying Safe!*

- What are the realities of independent living in the 21st century?
- What support is there for young independence in Halton?
- Why is the issue of County Lines a threat in Halton?
- How can we respond to the dangers of knife crime in our local community?

Learning Endpoint

Reflecting on the issues and topics we have investigated this half term, using one of our Life Skills Assessment activities.

Learning Checkpoint

Reflecting on the issues and topics we have investigated this half term using one of our Life Skills Assessment activities.

How can I stay safe in relationships and sex? *Relationship and Sex Education* How does the online world try and influence me? *Staying Safe!*

- What are STIs, and how do I protect myself?
- What are the facts about pregnancy?
- What are the dangers of sexting?
- What is my digital footprint?
- How does advertising attempt to influence me?
- What are my consumer rights when making a purchasing decision?

How can I stay safe in relationships and sex? *Relationship and Sex Education*

- What are the characteristics of a healthy intimate relationship?
- What is sexuality, and what are the different types of sexuality?
- What are the facts and laws about sex?
- How can I communicate and recognise consent, and manage sexual pressure?
- How can contraception keep me safe, and how do I access this in Halton?

Learning Endpoint

Reflecting on the issues and topics we have investigated this half term, using one of our Life Skills Assessment activities.

Learning Checkpoint

Reflecting on the issues and topics we have investigated this half term using one of our Life Skills Assessment activities.

How can I stay safe in and around Sandymoor? *Staying Safe!*

- What is an emergency situation, and how should I respond to this?
- What skills can I learn that might save a life? (Practical First Aid).
- How do I complete CPR, and use a Defibrillator?
- How can I stay safe on the roads around Sandymoor?
- What are the dangers of the railways, and open water?

How can I keep physically and mentally healthy? *Staying Safe!*

- What are the issues and dangers of drug and substance abuse?
- Does Red Bull give you too many wings?
- What are the dangers of tobacco?
- Why is alcohol so much part of our society, and what risks of this?
- Who How can I deal with the pressure I might feel from those around me?

Discussion of key issues that might be worrying you during the Summer Holidays!

