

# The Year 11 Life Skills Learning Journey at Sandymoor Ormiston Academy

*Your health and wellbeing, the importance of healthy and safe relationships, careers and financial education, keeping safe and issues you face living in the wider world.*



## **Cultural Capital in Year 11 Life Skills**

During Year 11 we will be working with a variety of external speakers, working with local KS5 providers, taking part in local community based projects, and visiting appropriate local sites which support our learning!

## **Assessment Activities - How do we assess your progress in Year 11 Life Skills?**

You will not undertake formal assessments in these lessons. Instead we assess using a variety of tasks, examples of which include:

Oracy and discussion of student understanding, peer led presentations, quizzes, "Everything we know sheets", role-play, self-reflection, display work, written assignments, Circle Time, completing the "My Life Skills CV activities"

## **Learning Endpoint**

Reflecting on the issues and topics we have investigated this half term, using one of our Life Skills Assessment activities.

## **Dedicated revision time for final GCSE examinations *Careers Education***

- Provided time for individual revision / exam preparation
- Potential time for working with individual teachers for targeted support and individual intervention



Year 12 / life beyond Sandymoor OA

## **How can I keep myself physically and mentally healthy beyond Sandymoor OA? *Health Education***

- What are the dangers of drug abuse in society at large?
- What are the risks of gambling?
- What are the challenges of navigating social media, and FOMO?

## **Learning Endpoint**

Reflecting on the issues and topics we have investigated this half term, using one of our Life Skills Assessment activities.

## **Learning Checkpoint**

Reflecting on the issues and topics we have investigated this half term using one of our Life Skills Assessment activities.

## **What will I need to do to look after my body in the future? *Health Education***

- How do I check myself for cancer?
- What can affect my fertility?
- What does a healthy pregnancy look like?
- What is the role of a Dad during and after pregnancy?

## **How can I succeed financially beyond Year 11? *Financial Education***

- How is college financed?
- Is there financial support available for Key Stage 5?
- What are my options in terms of working whilst at college?
- What are my rights and responsibilities between the ages of 16 and 18?
- What is professional behaviour in the world of work?
- What is Health and Safety in the workplace?
- What is professional networking, and how can this help develop my career?

## **Learning Endpoint**

Reflecting on the issues and topics we have investigated this half term, using one of our Life Skills Assessment activities.

## **What do I need to do to succeed in my mock exams? *Careers Education***

- How do I prepare for my exams?
- How do I revise successfully – Revising smarter not harder!
- How can I deal with the stress and anxiety I might feel about examinations?
- Revision time for Mock examinations / potential individual support

## **Learning Checkpoint**

Reflecting on the issues and topics we have investigated this half term using one of our Life Skills Assessment activities.

## **How do I successfully prepare for life beyond Sandymoor OA? *Carers Education***

- What are my options beyond Year 11?
- What is the college application process?
- How should I prepare for the college interview process?
- How do I write a successful CV?
- How can volunteering help me succeed?



**Discussion of key issues that might be worrying you during the Summer Holidays!**